

# SEVEN JOURNEYS IN MOVEMENTS

by Roy Moran

## #2 - From Self-hearted to Soft-hearted (Obey)

1. How did it go in the time since the last meeting? Any successes, struggles or stories?  
*(Give all a chance to share, encourage and challenge one another - 10 min or so is good)*
2. Having watched the video, how is self-heartedness different from soft-heartedness?  
Discuss this in your group.

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3. What would it take to move from 'self-hearted' to 'soft-hearted'? Discuss this in the group.

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4. What practical steps can we take this week to make progress in this transition?  
How can we help one another make this transition?

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*Scripture resources: Romans 3:23-24; Luke 17:33; Romans 12:1-2 etc.*

*What other relevant scriptures can you think of?*