

# 10 Promises of Comfort





<b>TOPIC</b>	<b>PROMISE</b>	<b>PASSAGE FOR DISCOVERY</b>	<b>YOUR STORY</b>
<b>PEACE</b>	John 14:27	Acts 16: 6-34	
<b>PRESENCE</b>	Hebrews 13:5	Psalm 139	
<b>PROVISION</b>	Philippians 4:19	Matthew 6:25-34	
<b>FORGIVENESS</b>	1 John 1:9	Psalm 32	
<b>GUIDANCE</b>	Proverbs 3:5-6	Psalm 23	
<b>PRAYER</b>	John 15:7	Luke 18:1-8	
<b>ETERNAL LIFE</b>	John 3:16	John 14:1-8	
<b>STRENGTH</b>	Philippians 4: 13	Philippians 4	
<b>PURPOSE</b>	Romans 8:28	PSALM 8	
<b>JOY</b>	John 16:24	Romans 5:1-11	

# PEACE OF GOD

## PROMISE

*Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. John 14:27*

## PASSAGE FOR DISCOVERY

ACTS 16:6-34

16 Once when we were going to the place of prayer, we were met by a female slave who had a spirit by which she predicted the future. She earned a great deal of money for her owners by fortune-telling. 17 She followed Paul and the rest of us, shouting, "These men are servants of the Most High God, who are telling you the way to be saved." 18 She kept this up for many days. Finally Paul became so annoyed that he turned around and said to the spirit, "In the name of Jesus Christ I command you to come out of her!" At that moment the spirit left her.

19 When her owners realized that their hope of making money was gone, they seized Paul and Silas and dragged them into the marketplace to face the authorities. 20 They brought them before the magistrates and said, "These men are Jews, and are throwing our city into an uproar 21 by advocating customs unlawful for us Romans to accept or practice."

22 The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten with rods. 23 After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. 24 When he received these orders, he put them in the inner cell and fastened their feet in the stocks.

25 About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. 26 Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone's chains came loose. 27 The jailer woke up, and when he saw the prison doors open, he drew his sword and was about to kill himself because he thought the prisoners had escaped. 28 But Paul shouted, "Don't harm yourself! We are all here!"

29 The jailer called for lights, rushed in and fell trembling before Paul and Silas. 30 He then brought them out and asked, "Sirs, what must I do to be saved?"

31 They replied, "Believe in the Lord Jesus, and you will be saved—you and your household." 32 Then they spoke the word of the Lord to him and to all the others in his house. 33 At that hour of the night the jailer took them and washed their wounds; then immediately he and all his household were baptized. 34 The jailer brought them into his house and set a meal before them; he was filled with joy because he had come to believe in God—he and his whole household.

# PRESENCE OF GOD

## PROMISE

*Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave, never will I forsake you." Hebrews 13:5*

## PASSAGE FOR DISCOVERY

### PSALM 139

1 You have searched me, Lord,  
and you know me.  
2 You know when I sit and when I rise;  
you perceive my thoughts from afar.  
3 You discern my going out and my lying  
down;  
you are familiar with all my ways.  
4 Before a word is on my tongue  
you, Lord, know it completely.  
5 You hem me in behind and before,  
and you lay your hand upon me.  
6 Such knowledge is too wonderful for me,  
too lofty for me to attain.  
7 Where can I go from your Spirit?  
Where can I flee from your presence?  
8 If I go up to the heavens, you are there;  
if I make my bed in the depths, you are  
there.  
9 If I rise on the wings of the dawn,  
if I settle on the far side of the sea,  
10 even there your hand will guide me,  
your right hand will hold me fast.  
11 If I say, "Surely the darkness will hide me  
and the light become night around me,"  
12 even the darkness will not be dark to you;  
the night will shine like the day,  
for darkness is as light to you.  
13 For you created my inmost being;  
you knit me together in my mother's womb.

14 I praise you because I am fearfully and  
wonderfully made;  
your works are wonderful,  
I know that full well.  
15 My frame was not hidden from you  
when I was made in the secret place,  
when I was woven together in the depths  
of the earth.  
16 Your eyes saw my unformed body;  
all the days ordained for me were written in  
your book  
before one of them came to be.  
17 How precious to me are your thoughts,[a]  
God! How vast is the sum of them!  
18 Were I to count them,  
they would outnumber the grains of sand—  
when I awake, I am still with you.  
19 If only you, God, would slay the wicked!  
Away from me, you who are bloodthirsty!  
20 They speak of you with evil intent;  
your adversaries misuse your name.  
21 Do I not hate those who hate you, Lord,  
and abhor those who are in rebellion  
against you?  
22 I have nothing but hatred for them;  
I count them my enemies.  
23 Search me, God, and know my heart;  
test me and know my anxious thoughts.  
24 See if there is any offensive way in me,  
and lead me in the way everlasting.

# PROVISION FROM GOD

## PROMISE

*And my God will meet all your needs according to the riches of his glory in Christ Jesus.  
Philippians 4:19*

## PASSAGE FOR DISCOVERY

Matthew 6:25-34

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life[a]?

28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

# FORGIVENESS

## PROMISE

*If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9*

## PASSAGE FOR DISCOVERY

Psalm 32

1 Blessed is the one  
whose transgressions are forgiven,  
whose sins are covered.  
2 Blessed is the one  
whose sin the Lord does not count against  
them  
and in whose spirit is no deceit.  
3 When I kept silent,  
my bones wasted away  
through my groaning all day long.  
4 For day and night  
your hand was heavy on me;  
my strength was sapped  
as in the heat of summer.[b]  
5 Then I acknowledged my sin to you  
and did not cover up my iniquity.  
I said, "I will confess  
my transgressions to the Lord."  
And you forgave  
the guilt of my sin.  
6 Therefore let all the faithful pray to you  
while you may be found;  
surely the rising of the mighty waters

will not reach them.  
7 You are my hiding place;  
you will protect me from trouble  
and surround me with songs of  
deliverance.  
8 I will instruct you and teach you in the way  
you should go;  
I will counsel you with my loving eye on  
you.  
9 Do not be like the horse or the mule,  
which have no understanding  
but must be controlled by bit and bridle  
or they will not come to you.  
10 Many are the woes of the wicked,  
but the Lord's unfailing love  
surrounds the one who trusts in him.  
11 Rejoice in the Lord and be glad, you  
righteous;  
sing, all you who are upright in heart!

# GUIDANCE

## PROMISE

*Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Proverbs 3:5-6*

## PASSAGE FOR DISCOVERY

Psalm 23

1 The Lord is my shepherd, I lack nothing.  
2 He makes me lie down in green  
pastures,  
he leads me beside quiet waters,  
3 he refreshes my soul.  
He guides me along the right paths  
for his name's sake.  
4 Even though I walk  
through the darkest valley,[a]  
I will fear no evil,  
for you are with me;  
your rod and your staff,  
they comfort me.  
5 You prepare a table before me  
in the presence of my enemies.  
You anoint my head with oil;  
my cup overflows.  
6 Surely your goodness and love will follow  
me  
all the days of my life,  
and I will dwell in the house of the Lord  
forever.

# PRAYER

## PROMISE

*If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. John 15: 7*

## PASSAGE FOR DISCOVERY

Luke 18:1-8

18 Then Jesus told his disciples a parable to show them that they should always pray and not give up. 2 He said: "In a certain town there was a judge who neither feared God nor cared what people thought. 3 And there was a widow in that town who kept coming to him with the plea, 'Grant me justice against my adversary.'

4 "For some time he refused. But finally he said to himself, 'Even though I don't fear God or care what people think, 5 yet because this widow keeps bothering me, I will see that she gets justice, so that she won't eventually come and attack me!'"

6 And the Lord said, "Listen to what the unjust judge says. 7 And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? 8 I tell you, he will see that they get justice, and quickly. However, when the Son of Man comes, will he find faith on the earth?"

# STRENGTH

## PROMISE

I can do all this through him who gives me strength. Philippians 4:13

## PASSAGE FOR DISCOVERY

Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!<sup>2</sup> I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. <sup>3</sup> Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.<sup>8</sup> Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup> Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

<sup>10</sup> I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. <sup>11</sup> I am not saying this because I am in need, for I have learned to be content whatever the circumstances. <sup>12</sup> I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup> I can do all this through him who gives me strength.

<sup>14</sup> Yet it was good of you to share in my troubles. <sup>15</sup> Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; <sup>16</sup> for even when I was in Thessalonica, you sent me aid more than once when I was in need. <sup>17</sup> Not that I desire your gifts; what I desire is that more be credited to your account. <sup>18</sup> I have received full payment and have more than enough. I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. <sup>19</sup> And my God will meet all your needs according to the riches of his glory in Christ Jesus. <sup>20</sup> To our God and Father be glory for ever and ever. Amen.

<sup>21</sup> Greet all God's people in Christ Jesus. The brothers and sisters who are with me send greetings. <sup>22</sup> All God's people here send you greetings, especially those who belong to Caesar's household. <sup>23</sup> The grace of the Lord Jesus Christ be with your spirit. Amen.

# ETERNAL LIFE

## PROMISE

*For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3:16*

## PASSAGE FOR DISCOVERY

John 14:1-8

14 “Do not let your hearts be troubled. You believe in God[a]; believe also in me. 2 My Father’s house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? 3 And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. 4 You know the way to the place where I am going.”

5 Thomas said to him, “Lord, we don’t know where you are going, so how can we know the way?”

6 Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me. 7 If you really know me, you will know[b] my Father as well. From now on, you do know him and have seen him.”

8 Philip said, “Lord, show us the Father and that will be enough for us.”

# PURPOSE

## PROMISE

*And we know that in all things God works for the good of those who love him, who[a] have been called according to his purpose. Romans 8:28*

## PASSAGE FOR DISCOVERY

Psalm 8

- 1 Lord, our Lord,  
how majestic is your name in all the earth!  
You have set your glory  
in the heavens.
- 2 Through the praise of children and infants  
you have established a stronghold against your enemies,  
to silence the foe and the avenger.
- 3 When I consider your heavens,  
the work of your fingers,  
the moon and the stars,  
which you have set in place,
- 4 what is mankind that you are mindful of them,  
human beings that you care for them?[c]
- 5 You have made them[d] a little lower than the angels[e]  
and crowned them[f] with glory and honor.
- 6 You made them rulers over the works of your hands;  
you put everything under their[g] feet:
- 7 all flocks and herds,  
and the animals of the wild,
- 8 the birds in the sky,  
and the fish in the sea,  
all that swim the paths of the seas.
- 9 Lord, our Lord,  
how majestic is your name in all the earth!

# JOY

## PROMISE

*Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete. JOHN 16:24*

## PASSAGE FOR DISCOVERY

Romans 5:1-11

5 Therefore, since we have been justified through faith, we[a] have peace with God through our Lord Jesus Christ, 2 through whom we have gained access by faith into this grace in which we now stand. And we[b] boast in the hope of the glory of God. 3 Not only so, but we[c] also glory in our sufferings, because we know that suffering produces perseverance; 4 perseverance, character; and character, hope. 5 And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

6 You see, at just the right time, when we were still powerless, Christ died for the ungodly. 7 Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. 8 But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

9 Since we have now been justified by his blood, how much more shall we be saved from God's wrath through him! 10 For if, while we were God's enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life! 11 Not only is this so, but we also boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

